



Strangulation Prevention E-News - March 2020

A MESSAGE FROM OUR PRESIDENT AND CEO

Welcome to another edition of the Strangulation Prevention E-News. The Training Institute on Strangulation Prevention launched E-News to share current and important information about non-fatal and near-fatal strangulation assaults. Each E-News focuses on one subject, highlights one organization or individual, and shares one featured resource. In these unprecedented times in the United States and globally, we urge you all to stay safe, care for others, and don't forget the needs of survivors of violence and abuse.

For this E-News, we focus on the role of media by sharing top news from 2020 and highlighting our newly created Media Guide. Our featured leader is Rachel Snyder and her bestselling book "No Visible Bruises."

Always with great HOPE,

Gael Strack & Casey Gwinn



Photo with our March featured leader and award winning journalist, Rachel Snyder
at the 19th Annual International Family Justice Center Conference

FEATURED ARTICLES

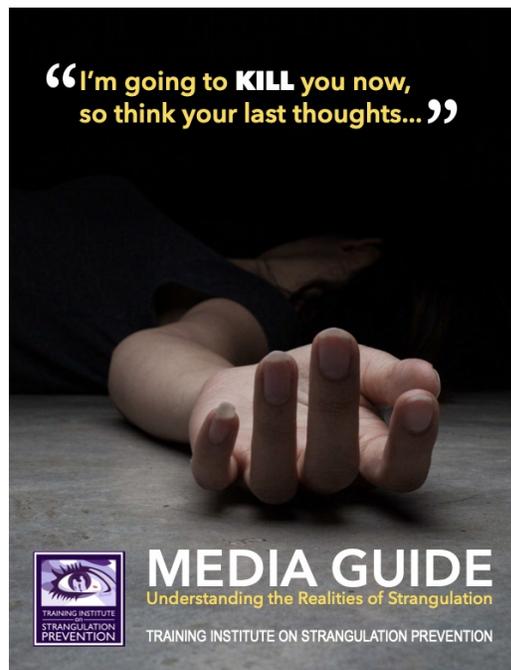
- *The Fatal, Hateful Rise of Choking During Sex*
- *"All Abusers Are Not Equal": New IPV Research Reveals an Indicator of Deadly Abuse*
- *Domestic Violence Victims Often Recant, but their Abusers can still be Brought to Justice*
- *In D.C. and Maryland, Strangling Someone is a Misdemeanor. Victim Advocates Want That to Change*
- *'I Was Scared': Strangulation a Factor in Roughly Half of Domestic Violence Cases in Windsor, Experts Say*
- *EDITORIAL: Strangulation Should Have Always Been a Crime*

FEATURED RESOURCE:

Media Guide: Understanding the Realities of Strangulation

The Institute is honored to share our new ***Media Guide on Non-Fatal Strangulation and Suffocation Assaults***. The media play an important role in educating the public. They have the opportunity to change hearts and minds especially in addressing strangulation and suffocation in domestic and sexual violence, child abuse, elder abuse, and human trafficking.

This guide is designed to assist media professionals in understanding the importance of using appropriate language to describe non-fatal strangulation, specifically, when discussing strangulation and suffocation within the context of power and control, domestic violence relationships, sexual assaults, and homicides. This guide also provides background and educational resources for the media to assist in accurate reporting of this horrific crime.



The cost of misreporting or misunderstanding strangulation crimes is incredibly high, as strangulation frequently foreshadows an escalating use of violence and homicidal intent, providing a profound disservice to survivors and the public.

The Institute gives a special thanks to Rachel Frost, Retired Master Investigator from the Riverside County Sheriff's Department, and Yesenia Aceves, our Director of Culture at Alliance for HOPE International for their significant contributions to this new resource.

FEATURED LEADER

Rachel Snyder Author of *No Visible Bruises*



An award-winning journalist's intimate investigation of the true scope of domestic violence, revealing how the roots of America's most pressing social crises are buried in abuse that happens behind closed doors.

In *No Visible Bruises*, journalist Rachel Louise Snyder gives context for what we don't know we're seeing. She frames this urgent and immersive account of the scale of domestic violence in our country around key stories that explode the common myths—that if things were bad enough, victims would just leave; that a violent person cannot become nonviolent; that shelter is an adequate response; and most insidiously that violence inside the home is a private matter, sealed from the public sphere and disconnected from other forms of violence. Through the stories of victims, perpetrators, law enforcement, and reform movements from across the country, Snyder explores the real roots of private violence, its far-reaching consequences for society, and what it will take to truly address it.

"Strack embarked on a mission to train those in the domestic violence field—from police to dispatchers to shelter works to attorneys—on the signs of strangulation. Since the mid-1990s, she and Gwinn have traveled the country holding training sessions that cover anatomy, investigation, prosecution, and victim safety in strangulation cases. Gwinn estimates that they have trained over fifty thousand people" — Rachel Snyder in *No Visible Bruises*



SOCIAL MEDIA SPOTLIGHT: Highlights from the Training Institute on Strangulation Prevention Facebook Page

Join us on Facebook for regular updates on upcoming trainings, events, resources, and noteworthy news from the Training Institute on Strangulation Prevention.



Training Institute on Strangulation Prevention
Published by Gael Strack [?] · February 13 at 11:23 AM · 🌐

"It is my job as an officer to collect evidence in all cases. Domestic violence/Strangulation cases need photos, 911 calls, jail calls, medical history, medical records, prior DV history, a social autopsy of the abuse and more. We know survivors will recant. We know the reasons why. Physical evidence does not recant, it does not forget. Physical evidence serves as a witness against stranglers" - Mathew Dubois, Juneau, Alaska, Attendee of the Advanced Course, Class 21. #lastwarningshot



Training Institute on Strangulation Prevention
Published by Casey Gwinn [?] · October 30, 2019 · 🌐

Today Det. Tim Brown from the Gilbert, Arizona Police Department defined strangulation this way: "Strangulation is not normal. Strangulation is not self defense. Strangulation is attempted murder by restricting bloodflow or airflow to the brain." Just excellent. Thank you.



“I’ve treated thousands of gunshot victims, most of whom survived. However, due to lack of blood flow to the brain, **STRANGULATION VICTIMS DIE.**”

- Dr. William Smock

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UPCOMING 2020 TRAININGS

May 27, 2020 – 1 Day Strangulation Prevention
New Castle, PA

June 15 – 18, 2020 – 4 Day Advanced Course on Strangulation Prevention

Richmond, VA

July 15 – 16, 2020 – 2 Day Strangulation Prevention
Waterstown, SD

October 6 – 9, 2020 – 4 Day Advanced Course on Strangulation Prevention
Clackamas County, OR

October 27 – 30, 2020 – 4 Day Advanced Course on Strangulation Prevention
San Diego, CA

Click [HERE](#) to Complete Our March Survey of the Month!

**All respondents will be entered to win a free Strangulation
Training DVD**

The Training Institute on Strangulation Prevention

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