

Location and Design

Monthly Call with Developing and Open Centers

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Guiding Principles

1. **Safety-Focused:** Increase safety, promote healing, and foster empowerment through services for victims and their children
2. **Victim-Centered:** Provide victim-centered services that promote victim autonomy
3. **Culturally Relevant:** Commitment to the utilization of culturally competent services approaches that are measurable and behavior based
4. **Community-Engagement:** Engage all communities through outreach and community education
5. **Survivor-Driven:** Shape services to clients by asking them what they need
6. **Transformative** (willing to change): Evaluate and adjust services by including survivor input and evidence-based best practices
7. **Relationship-Based:** Maintain close working relationships among all collaborators/agencies (law enforcement, prosecution, community- based domestic violence programs, shelters and other social services)
8. **Prevention-Oriented:** Integrate primary, secondary and tertiary prevention approaches into all initiatives, programs, and projects
9. **Kind-Hearted:** Develop a Family Justice Center community that values, affirms, recognizes and supports staff, volunteers, and clients and understands how to meet the needs of trauma survivors and their children
10. **Empowered:** Offer survivors a place to belong even after crisis intervention services are no longer necessary
11. **Offender Accountability Focused:** Increase offender accountability through evidence based prosecution strategies

18th Annual International Family Justice Center Conference



Registration Now Open!

Worthington Renaissance - Fort Worth, Texas

Pre-Conference April 23, 2018

Conference April 24-26, 2018



For more information or to register visit our website:

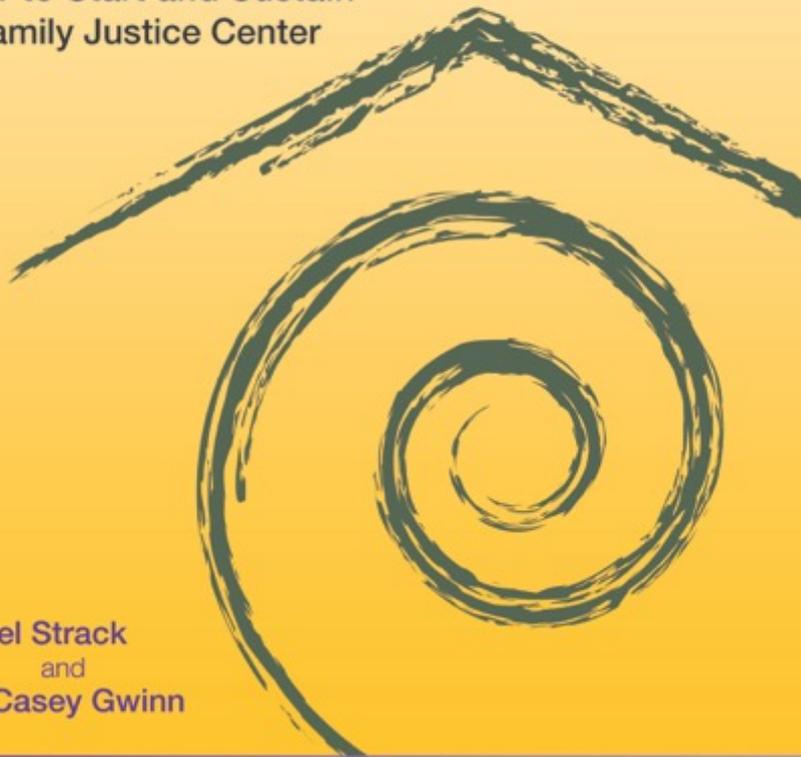
<https://www.familyjusticecenter.org>

Who is on the Call?

Tell us Your Name, Center and City

Dream Big, Start Small

How to Start and Sustain
a Family Justice Center



Gael Strack
and
Casey Gwinn

**It's time to update
the manual!**

**Each month we're
discussing a chapter
together.**

Dream Big, Start Small

How to Start and Sustain
a Family Justice Center

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and
Casey Gwinn

Chapter Four: Location, Location, Location (and design)

Why do location and design matter?

- Our physical environment impacts our mood and behavior.
- There's a link between the physical environment and our sense of physical and psychological safety.



Importance of the Physical Environment

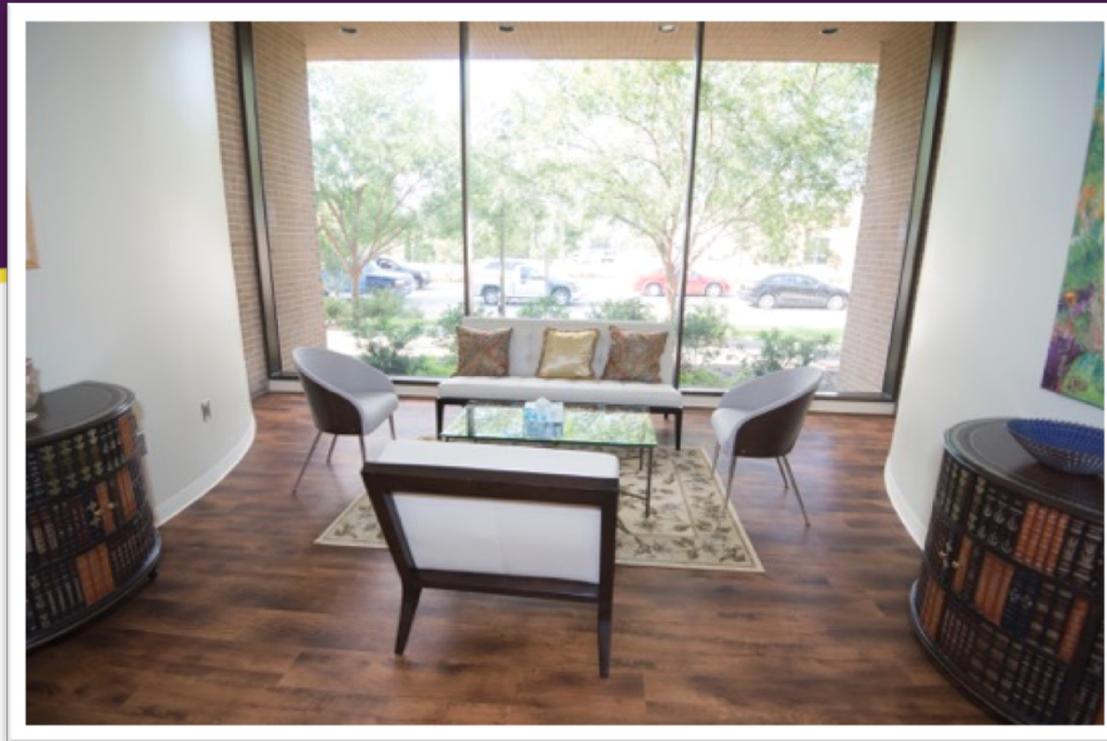
- **Impacts behavior and motivation to act**
 - Difficulty finding a building will lead some people to postpone, avoid or give up going there.
- **Facilitates or discourages interaction**
 - Inviting spaces with comfortable chairs leads to social interaction and increased social support.
- **Influences our mood**
 - Loud noises, crowding, bad smells, poor lighting (too little/too much), can increase stress and anxiety.

Physical & Psychological Safety

- **Feeling safe:** Sights, sounds, smells, people, places, things, words, colors that may be linked to trauma and influence feelings of safety.
- **Being safe:** Security measures, protocols and practices that reduce the risk of potentially dangerous situations.

Staff and individuals being served must experience the setting as safe, inviting, and not a risk to their physical or psychological safety.

How does the physical environment of your Center promote a sense of safety, calming, and de-escalation for clients and staff?



One Safe Place. Fort Worth, TX

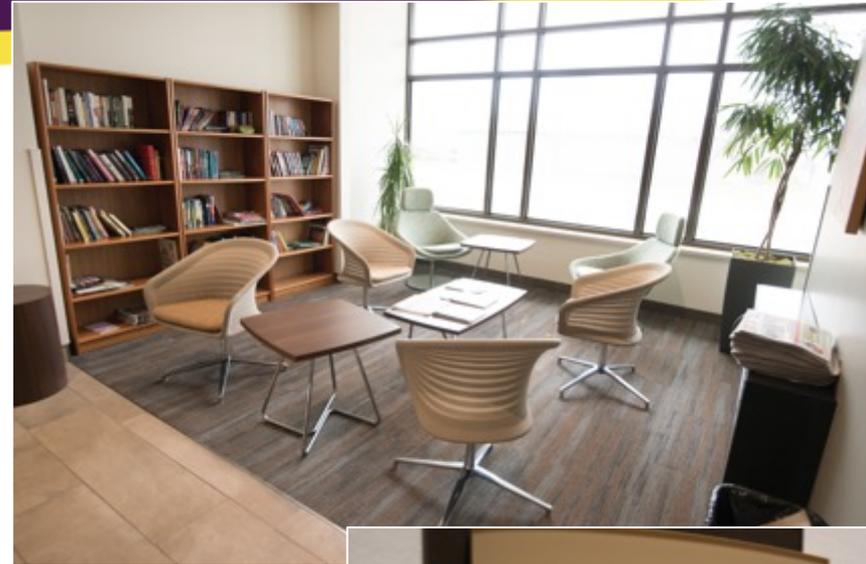
In what ways do staff members:

- Recognize and address aspects of the physical environment that may be re-traumatizing?
- Work with people on developing strategies to deal with this?



How has your Center:

- Provided space that both staff and people receiving services can use to practice self-care?
- Developed mechanisms to address gender-related physical and emotional safety concerns (e.g., gender-specific spaces and activities)



Sojourner Family Peace Center, Milwaukee, WI



Final Thoughts or Comments

- Any challenges or successes have you had?
- Words of wisdom to share?

What is ONE thing you heard on today's call that you're going to implement in your Center?

Additional Resources & Citations

- Mary Jo Kreitzer, RN, PhD, Earl E. Bakken Center for Spirituality and Healing, University of Minnesota <https://www.takingcharge.csh.umn.edu>
- Healing Spaces – The Science of Place and Wellbeing, Dr. Esther Sternberg <https://www.youtube.com/watch?v=7zBOPRs1yRE>
- SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach, SAMHSA's Trauma and Justice Initiative, 2014
<https://store.samhsa.gov/shin/content/SMA14-4884/SMA14-4884.pdf>

Upcoming Webinars:

Increasing Wellbeing through Trauma Informed Practices

Presented by Anna Melbin, Full Frame Initiative
Thursday, November 16th at 10am PST

Registration link on our Website

Thank You!

Alliance for HOPE International

www.allianceforhope.com

www.familyjusticecenter.com

(888) 511-3522